

# Drug and Alcohol Awareness Week

## March 28-April 1 2016

### 28 Monday:

#### In School:

- Morning and afternoon awareness announcements
- Kevin Brooks-Nationally Recognized Drug Awareness Speaker from [drivetosavelives.com](http://drivetosavelives.com) in Auditorium (See Assembly Schedule)
- Making Change during blocks 3, 4, 5 in the Auditorium
- Tickets for Hilltop Fun Center Sober Event sold during lunches

#### After School/Evening:

Making Change 2:30-3:30 at the Microtel

Dodgeball 6:00-8:00 in the Gym

Team Check in: 5:45; First match 6:00

Any faculty member may appear on a team!

\*If it rains this day, we would move it to Tues, March 29 at the same time

### 29 Tuesday:

#### In School:

- Morning and afternoon awareness announcements
- Tickets for Hilltop Fun Center Sober Event sold during lunches
- During lunch blocks in the Auditorium.
  - An invitation to brainstorm with members of TIDALWAVSE ways to promote a healthy and positive community in York. Teachers and students welcome.

#### Evening:

- Alanon 7:30pm-8:30pm in Kittery at St. Marks Church
- AA meeting 7-8:30pm in Portsmouth at St. Johns Church 105 Chapel St.

### 30 Wednesday:

#### In School:

- Morning and afternoon awareness announcements
- Sober Friends and TIDALWAVSE wear T-shirts they designed the previous Friday
- Tickets for Hilltop Fun Center Sober Event sold during lunches
- Al-Anon meetings during blocks 3, 4, 5 in the Auditorium

#### Evening:

- Drug Awareness night 6:30-8:30pm in the YHS Auditorium (For 8-12 graders with their parents)

### 31 Thursday:

#### In School:

- Morning and afternoon awareness announcements
- Tickets for Hilltop Fun Center Sober Event sold during lunches
- School showing of Heroin on the Cape, a documentary about the Opiate Epidemic based in Falmouth, MA. (See Assembly Schedule)
- Making Change during blocks 3, 4, 5 in the Auditorium

### 1 Friday:

#### In School:

- Red and Black Day
- Morning and afternoon awareness announcements
- TIDALWAVSE to present at YMS (Through Block 1)
- During lunch blocks in the auditorium:
  - Prof. Christian Teter, associate professor of Psychopharmacology from UNE will share his presentation about Cannabis/Marijuana & The Impact on the Teenage Brain. He will share up-to-date cutting edge information on why marijuana is so problematic to the developing teenage brain in the hopes of helping students make healthier, more informed choices.

#### Evening:

Alateen: 7:30 pm at Community Campus in Portsmouth, NH

Sober Friend Event: Hilltop Fun Center for Laser Tag

Bus leaves YHS at 7pm and returns at 10:30pm Cost is \$20 per person